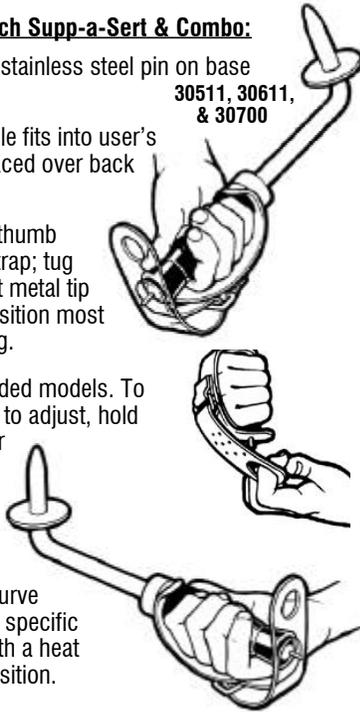


HYGIENE AIDS

E-Z Reach Digi-Sert 30511, E-Z Reach Supp-a-Sert 30611
E-Z Reach Digi-Supp Combo 30700

E-Z Reach Digi-Sert, E-Z Reach Supp-a-Sert & Combo:

1. Release clear vinyl strap from stainless steel pin on base of handle.
2. Position unit so that gray handle fits into user's palm, with clear vinyl strap placed over back of hand.
3. To secure unit to hand, grasp thumb loop at bottom of clear vinyl strap; tug firmly until strap is **tight**. Insert metal tip on base of handle into hole position most appropriate for secure handling.
4. Units are shipped as right-handed models. To change for left-handed use, or to adjust, hold onto gray handle and pull clear vinyl hand strap first at the top and then at the bottom to twist into desired orientation.
5. The probe/insertor on the E-Z Reach series is curved. This curve can be repositioned to a users specific need by softening the bend with a heat gun, reshaping into desired position.
Caution: Material will be hot.



USING

Digital Stimulators:

Therafin recommends using these devices while in a lying position.

1. Lie on side opposite your most maneuverable arm. Keep lower leg straight and upper leg flexed for better balance.
2. Guide the digital stimulator (Digi-Sert, Shur-Gryp or E-Z Reach Digi-Sert) into rectum until the retaining washer is against buttocks. (Mirrors might prove to be helpful; available from Therafin). Agitate unit as needed, until stimulated.
3. By moving retaining washer into a different position on probe tip, depth of penetration can be adjusted for user preference.

Suppository Inserters:

Therafin recommends using these devices while in a lying position.

1. Lie on side opposite your most maneuverable arm. Keep lower leg straight and upper leg flexed for better balance.
2. Guide the loaded suppository inserter (Supp-a-Sert, Shur-Gryp Supp-a-Sert, or E-Z Reach Supp-a-Sert) gently into rectum. (Mirrors might prove to be useful; available from Therafin). The suppository



will release when the retaining washer is pressed against buttocks.

CLEANING

All parts are waterproof

Clean and/or sterilize by washing in warm/hot water; use a mild detergent. Rinse thoroughly.



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