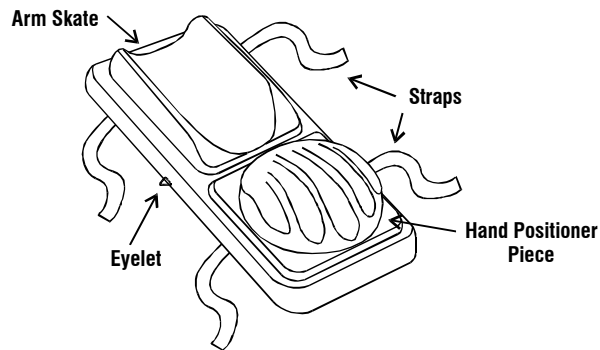
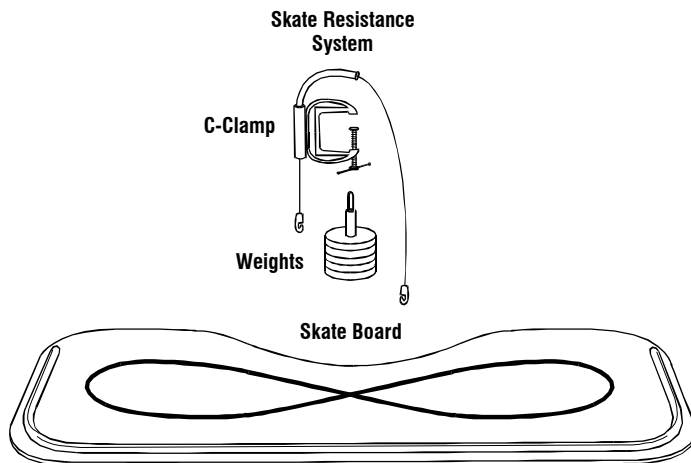


ERGO ARM SKATE & WEIGHT RESISTANCE SYSTEM

ARM SKATE PARTS



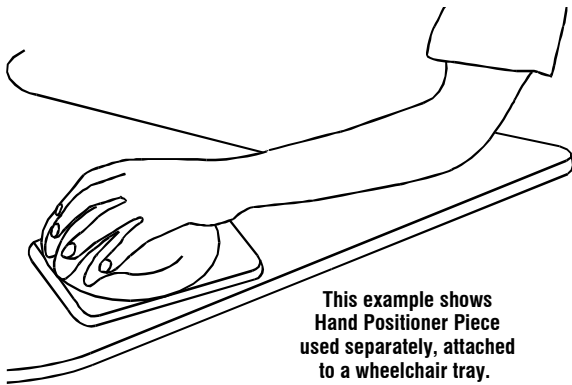
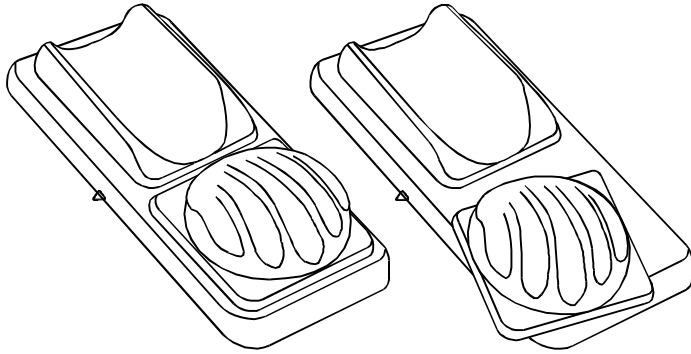
WEIGHT RESISTANCE SYSTEM PARTS



HAND POSITIONER PIECE

The unique design of the **Hand Positioner Piece**

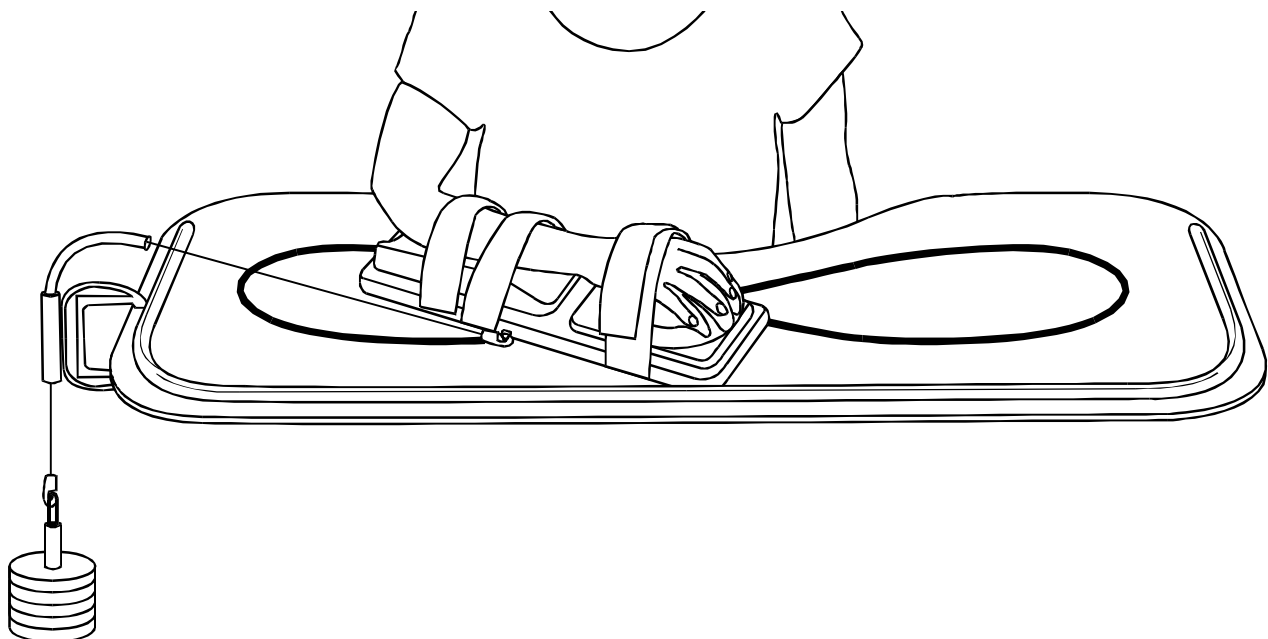
- ◆ Allows it to be adjusted to any angle that suits the user.
- ◆ Allows it to be used for right or left hand.
- ◆ Allows it to be removed and used separately.



This example shows Hand Positioner Piece used separately, attached to a wheelchair tray.

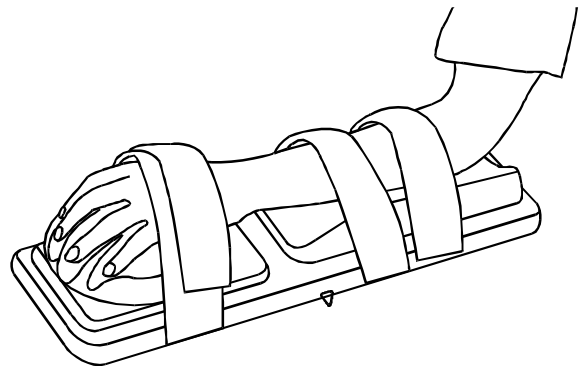
WEIGHT RESISTANCE SYSTEM

1. Use **C-Clamp** to attach **Skate Board** to table.
2. Place desired amount of **Weights** onto **Skate Resistance System**.
3. Secure ARM OR LEG in **Arm Skate**.
4. Attach **Cord** to **Weights** and **Arm Skate**, using **Hooks** and **Eyelets**.



STRAPS

The 2 soft **Straps** are both long enough to wrap around twice.



ARM SKATE

The unique design of the **Arm Skate**

- ◆ Allows it to be used for increased range of motion for both UPPER & LOWER EXTREMITIES.
- ◆ Allows easy hook-up (eyelets) to **Weight Resistance System**.

